

**Gateshead Crossroads
Caring for Carers**

**Benefits
Advice
Service**


Do you have difficulty with tasks such as getting dressed, washing, preparing a meal or moving around indoors?

Do you provide help to someone who has these difficulties?



If yes, the Benefits Advice Service may be able to help you!

How we can help:

- We provide a confidential service to help people make a claim for **Attendance Allowance, Disability Living Allowance** and **Carer's Allowance**.
- We can provide **benefit calculations** to enable access to other benefits such as pension credit or council tax benefit. 
- We are able to offer home visits to people who are unable to come to the office for an appointment.

Which Benefits do we help with?

- **Disability Living Allowance (DLA) is:**

- For people who are **under 65** who need help looking after themselves.
- For people who are aged 3 or over and have severe difficulty walking, or aged 5 or over and need help getting around.

DLA is paid at different rates depending on the amount of help needed.

- **Attendance Allowance (AA) is:**

- For people **over 65** who need help looking after themselves.

There are two rates of AA: **Low rate** for people who have needs during the day OR night and **high rate** for people who have needs during BOTH day and night.

- **Carer's Allowance (CA) is:**

- A taxable benefit for carer's aged 16 or over who are looking after someone for 35 hours or more a week (this does not need to be everyday).
- Carer's Allowance is not affected by the savings you may have.

How to Contact Us



By Post: Gateshead Crossroads Caring for Carers, St. Joseph's Old School, Smailes Lane, Highfield, Rowlands Gill, Tyne and Wear NE39 2DB



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Gateshead Crossroads works within an Equal Opportunities Policy

If you require this information in other formats, please contact us.